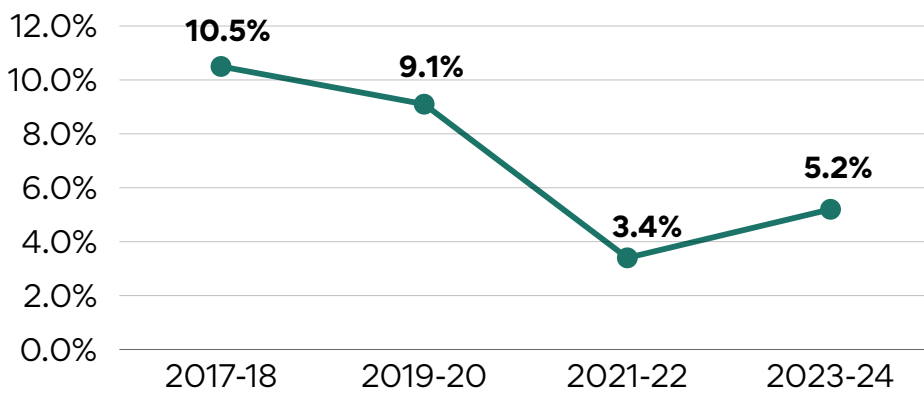


# NICOTINE & TOBACCO USE

Despite declines in smoking rates, many adolescents continue to experiment with and regularly use tobacco products. Early tobacco use often sets the stage for continued addiction and increases the risk of developing serious health problems later in life.

## E-Cigarette Use Among Eaton County Middle Schoolers | 2023-2024



In the 2023-2024 period, middle schoolers in Eaton County are using various nicotine and tobacco products at low rates: cigars/cigarillos at 0.0%, cigarettes at 0.1%, and chewing tobacco at 0.4%. This indicates a decline in the use of all tobacco products, except e-cigarettes, compared to the 2021-2022 period.

## TOOLS FOR YOUTH CESSATION

### My Life, My Quit

Telephone-Based Coaching  
Ages: 13-18 years old  
Text Start My Quit to 36072

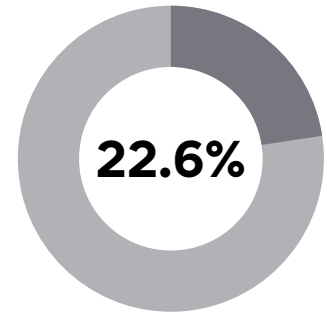
### This is Quitting

Anonymous Text Messaging  
Ages: 13-24 years old  
Text DITCHVAPE to 88709

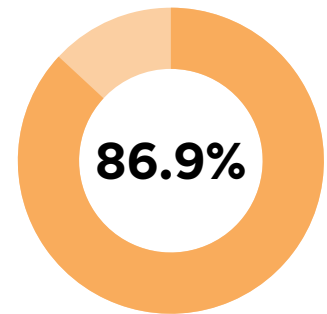
The MiPHY survey of 2023-2024 revealed that the average age of a student's first tobacco use was

# 10.5 YEARS OF AGE

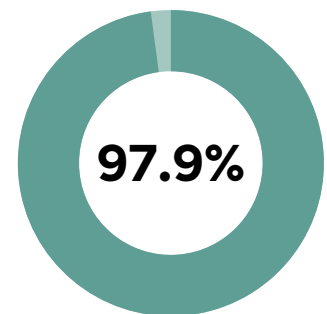
## Eaton County Middle Schooler Attitudes Towards Tobacco



of students who reported that getting cigarettes was somewhat easy or very easy



of students reported none of their friend had smoked cigarettes recently.



of students reported knowing their parents felt cigarette use was wrong or very wrong.

Eaton County had five middle school districts participate in the Michigan Profile for Healthy Youth (MiPHY) Survey. This survey reflects anonymous responses from 7th graders in the county and may not represent all schools in the area.

More data available at: <https://bit.ly/3T3OMvV>

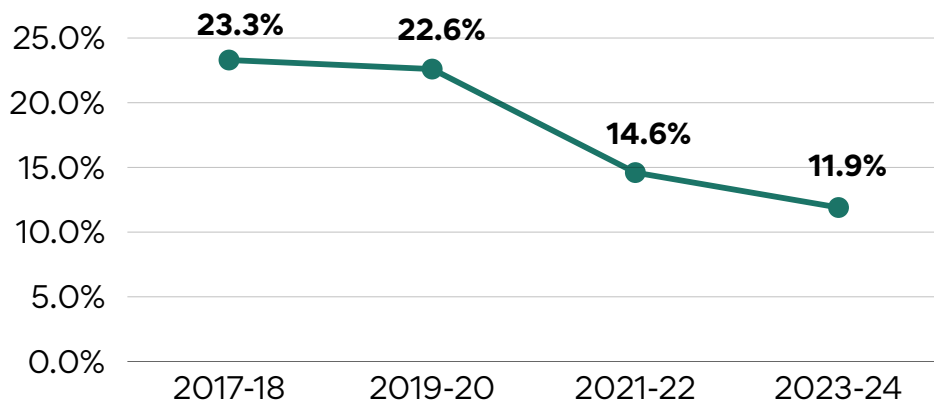


Barry-Eaton District Health Department  
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# NICOTINE & TOBACCO USE

Despite declines in smoking rates, many adolescents continue to experiment with and regularly use tobacco products. Early tobacco use often sets the stage for continued addiction and increases the risk of developing serious health problems later in life.

## E-Cigarette Use Among Eaton County High Schoolers | 2023-2024



In the 2023-2024 period, high schoolers in Eaton County are using various nicotine and tobacco products at low rates: cigars/cigarillos at 0.6%, chewing tobacco at 0.9%, and cigarettes at 1.3%. This indicates a decline in the usage of chewing tobacco, but an incline of cigarette and cigar usage compared to the 2021-2022 period.

## TOOLS FOR YOUTH CESSATION

### My Life, My Quit

Telephone-Based Coaching  
Ages: 13-18 years old  
Text Start My Quit to 36072

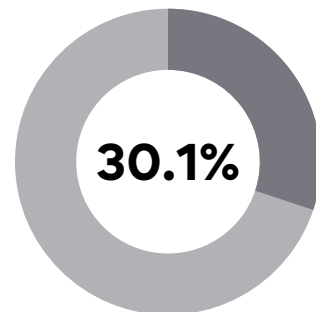
### This is Quitting

Anonymous Text Messaging  
Ages: 13-24 years old  
Text DITCHVAPE to 88709

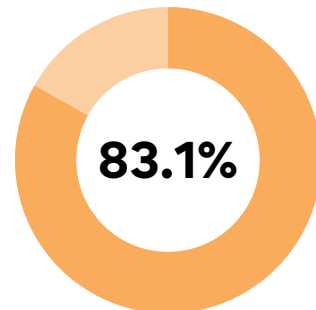
The MiPHY survey of 2023-2024 revealed that the average age of a student's first tobacco use was

# 12.4 YEARS OF AGE

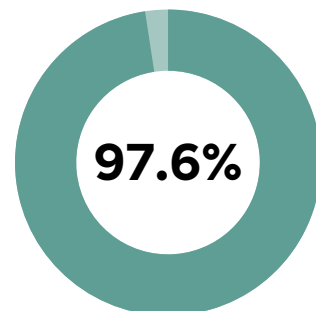
## Eaton County High Schooler Attitudes Towards Tobacco



30.1% of students who reported that getting cigarettes was somewhat easy or very easy



83.1% of students reported none of their friend had smoked cigarettes recently.



97.6% of students reported knowing their parents felt cigarette use was wrong or very wrong.

Eaton County had five high school districts participate in the Michigan Profile for Healthy Youth (MiPHY) Survey. This survey reflects anonymous responses from 9th and 11th graders in the county and may not represent all schools in the area.

More data available at: <https://bit.ly/3T30MvV>



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