

Eaton County: Mental Health



ECSAAG
Eaton County
Substance Awareness
Advisory Group

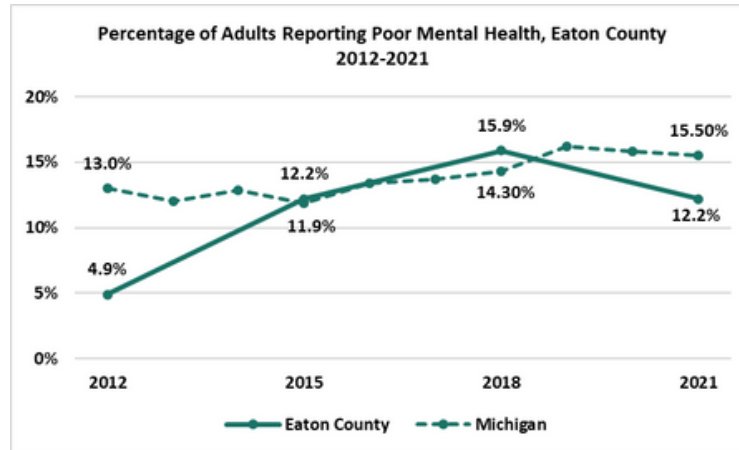


Barry-Eaton District
Health Department

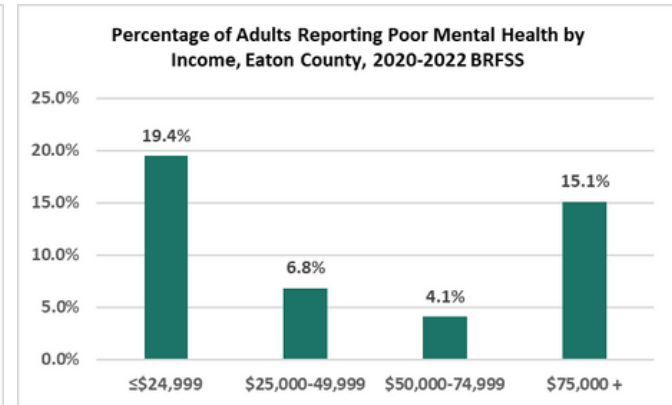
Data in Action Report
Published January 2024

Poor Mental Health	%	N
Total	12.2%	48
Male	11.7%	23
Female	12.8%	25
18-34	18.7%	20
35-54	11.5%	14
55 +	8.6%	14
Less than HS	8.3%	2
HS Grad	11.3%	12
Some College	14.9%	23
College Grad	10.3%	11
≤\$24,999	19.4%	7
\$25,000-49,999	6.8%	8
\$50,000-74,999	4.1%	3
\$75,000 +	15.1%	16

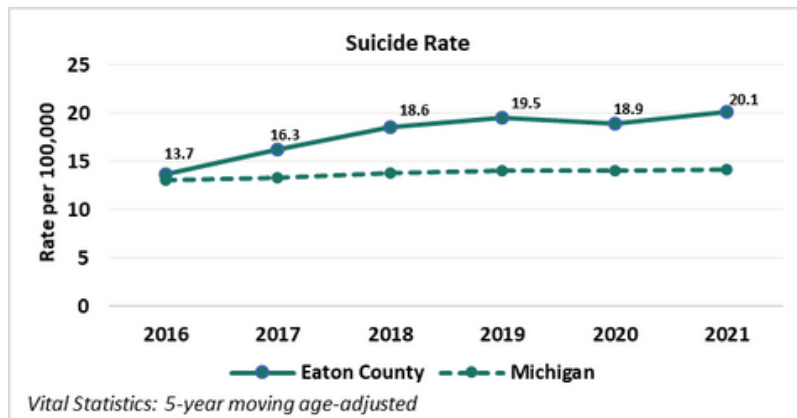
Poor mental health is the proportion of adults who reported two weeks or more (at least 14 days) of poor mental health within the past month (30 days).



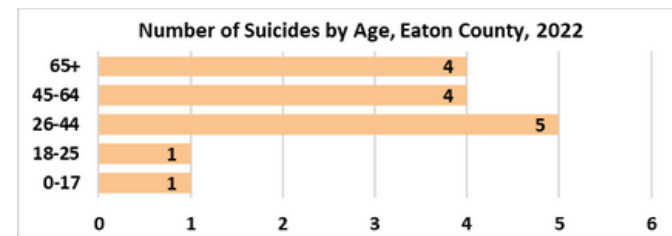
- In Eaton County, 12.2% of adults reported to have poor mental health in 2021.
- The percent of adults who reported poor mental health in Eaton County decreased from 2018 to 2021.



- Eaton County Residents who had an annual income of \$24,999 or less were more likely to report poor mental health.
- In Eaton County, 18.7% of adults aged 18-34 years reported to have poor mental health.



- In 2021, there were 20.1 suicides per 100,000 people in Eaton County compared to 14.2 suicides per 100,000 people in Michigan.
- The 5-year moving average age-adjusted rate of suicide has been higher in Eaton County than Michigan for the last 6 years.
- Suicide rates increased in Eaton County in 2021 to a higher rate than previously recorded.



60% of Suicide deaths in 2022 were by firearm.

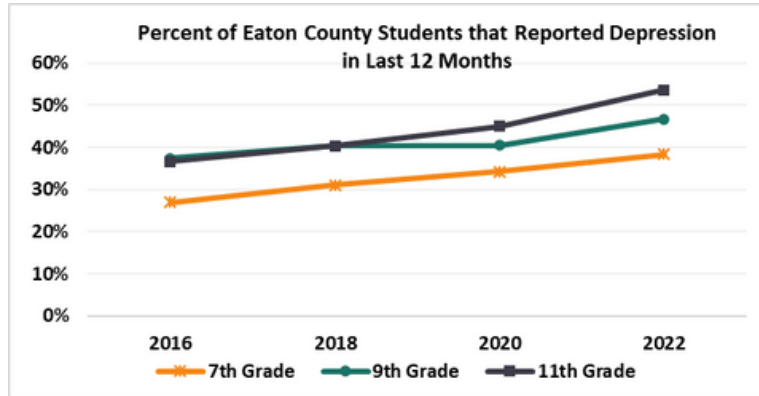
Year	Method of Suicide				
	Firearm	Hanging	Drug Intoxication	Sharp Force Injury	Other
2018	9	5	3	3	2
2019	11	4	1	1	1
2020	7	4	1	0	1
2021	11	5	1	0	0
2022	9	4	0	1	1

Youth Mental Health

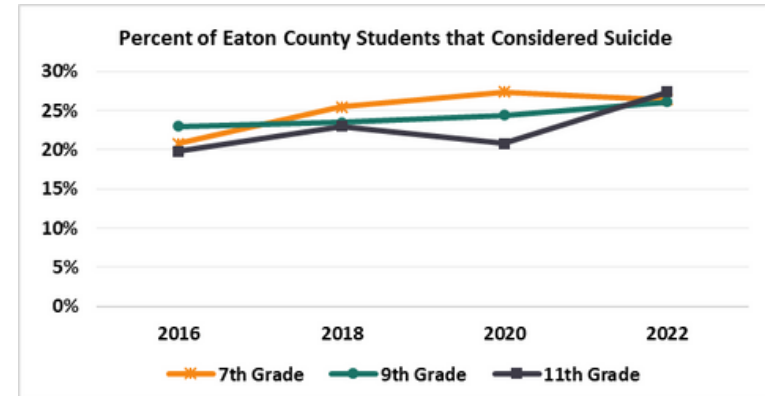


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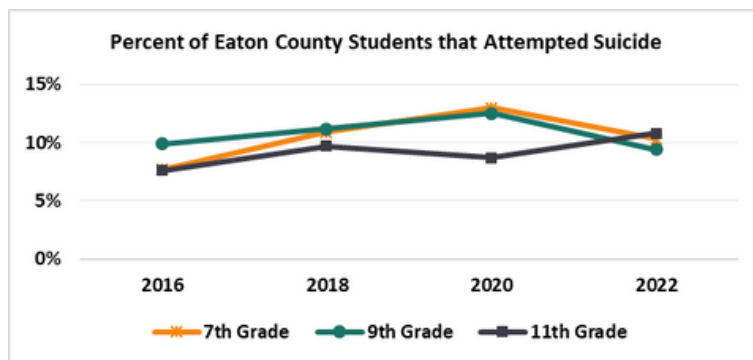
High School students reported to **seriously consider attempting suicide** in the past 12 months.



- The percent of students reporting depression has increased each surveying year for 7th, 9th, and 11th grade students.
- In 2022 53.7% of 11th graders reported having depression.



- Between 26% and 28% of students in 7th, 9th, and 11th grade reported considering suicide in 2022.



- The percent of students in 11th grade reporting to have attempted suicide increased from 8.7% in 2020 to 10.8% in 2022.

50% of High School students felt so **sad or hopeless** almost every day for 2 or more weeks that they **stopped doing some usual activities**.

Sources:

1. Eaton County Behavioral Risk Factor Surveillance System (BRFSS), 2012-2021
2. Michigan BRFSS, 2012-2021
3. Michigan Department of Education. (2022). *Michigan school health survey system*. <https://mdoe.state.mi.us/schoolhealthsurveys/ExternalReports/CountyReportGeneration.aspx>
4. Michigan Division for Vital Records & Health Statistics, Michigan Department of Health & Human Services: 5-year estimates
5. Sparrow Medical Examiner's Office

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