



# THE SPREAD OF NOROVIRUS

Norovirus can make you feel very sick with vomiting and diarrhea. It spreads easily in places where food is prepared if proper precautions are not taken. **If you are already sick, you should:**



**Stay home!** Don't return to work or visit public places until you're symptom-free (no diarrhea or vomiting) for 48 hours.



**Tell your manager!** Promptly inform your manager of any illness or symptoms of illness in you or a coworker.



**Opt out!** When possible, avoid sharing a bathroom or making food for any household members. Clean bathrooms and frequently touched surfaces with 1/3 cup of bleach per 1 gallon of water.



**Practice good handwashing!** Frequent handwashing with soap and water is the best defense against receiving or passing on germs that can cause illness.



Barry-Eaton District  
Health Department