



## Food Temperature – Cooling Log

### DANGERZONE 135°–41°F

**2 hours to get from 135°F to 70°F    4 hours to get from 70°F to 41°F**

Date	Food Item	Cooling Method	Time/Temp food item reached 135°F		Stage 1		Stage 2				Initials
			Time	Temp	Time/Temp	Time/Temp	Time/Temp	Time/Temp	Time/Temp	Time/Temp	
					Hour 1	Hour 2	Hour 1	Hour 2	Hour 3	Hour 4	
		<input type="checkbox"/> Shallow tray <input type="checkbox"/> Ice bath <input type="checkbox"/> Cut in pieces <input type="checkbox"/> Add ice water <input type="checkbox"/> Ice stick/paddle	_____ am _____ pm	_____ °F	_____ am _____ pm	_____ am _____ pm	_____ am _____ pm	_____ am _____ pm	_____ am _____ pm	_____ am _____ pm	
		<input type="checkbox"/> Shallow tray <input type="checkbox"/> Ice bath <input type="checkbox"/> Cut in pieces <input type="checkbox"/> Add ice water <input type="checkbox"/> Ice stick/paddle	_____ am _____ pm	_____ °F	_____ am _____ pm	_____ am _____ pm	_____ am _____ pm	_____ am _____ pm	_____ am _____ pm	_____ am _____ pm	
		<input type="checkbox"/> Shallow tray <input type="checkbox"/> Ice bath <input type="checkbox"/> Cut in pieces <input type="checkbox"/> Add ice water <input type="checkbox"/> Ice stick/paddle	_____ am _____ pm	_____ °F	_____ am _____ pm	_____ am _____ pm	_____ am _____ pm	_____ am _____ pm	_____ am _____ pm	_____ am _____ pm	
		<input type="checkbox"/> Shallow tray <input type="checkbox"/> Ice bath <input type="checkbox"/> Cut in pieces <input type="checkbox"/> Add ice water <input type="checkbox"/> Ice stick/paddle	_____ am _____ pm	_____ °F	_____ am _____ pm	_____ am _____ pm	_____ am _____ pm	_____ am _____ pm	_____ am _____ pm	_____ am _____ pm	
		<input type="checkbox"/> Shallow tray <input type="checkbox"/> Ice bath <input type="checkbox"/> Cut in pieces <input type="checkbox"/> Add ice water <input type="checkbox"/> Ice stick/paddle	_____ am _____ pm	_____ °F	_____ am _____ pm	_____ am _____ pm	_____ am _____ pm	_____ am _____ pm	_____ am _____ pm	_____ am _____ pm	
		<input type="checkbox"/> Shallow tray <input type="checkbox"/> Ice bath <input type="checkbox"/> Cut in pieces <input type="checkbox"/> Add ice water <input type="checkbox"/> Ice stick/paddle	_____ am _____ pm	_____ °F	_____ am _____ pm	_____ am _____ pm	_____ am _____ pm	_____ am _____ pm	_____ am _____ pm	_____ am _____ pm	
		<input type="checkbox"/> Shallow tray <input type="checkbox"/> Ice bath <input type="checkbox"/> Cut in pieces <input type="checkbox"/> Add ice water <input type="checkbox"/> Ice stick/paddle	_____ am _____ pm	_____ °F	_____ am _____ pm	_____ am _____ pm	_____ am _____ pm	_____ am _____ pm	_____ am _____ pm	_____ am _____ pm	
		<input type="checkbox"/> Shallow tray <input type="checkbox"/> Ice bath <input type="checkbox"/> Cut in pieces <input type="checkbox"/> Add ice water <input type="checkbox"/> Ice stick/paddle	_____ am _____ pm	_____ °F	_____ am _____ pm	_____ am _____ pm	_____ am _____ pm	_____ am _____ pm	_____ am _____ pm	_____ am _____ pm	