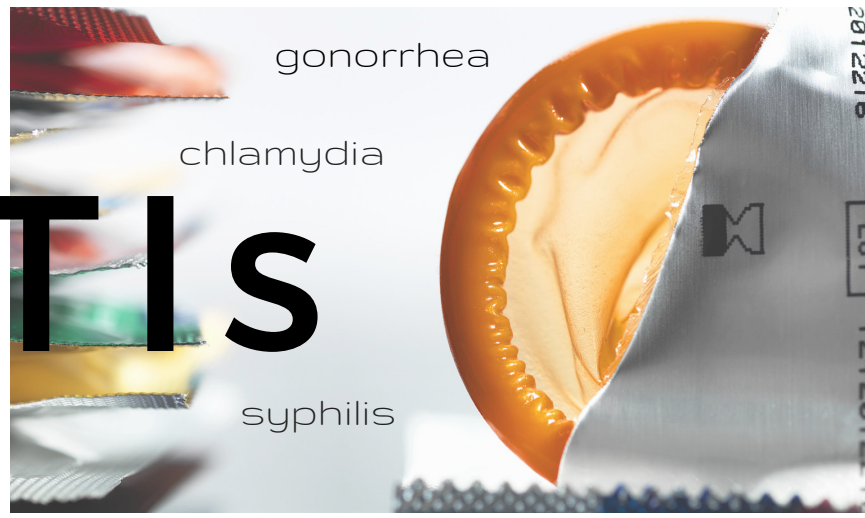


- **STIs** stands for **Sexually Transmitted Infections** and they are usually passed to another during vaginal, anal or oral sex.

- Condoms protect you and your partner from spreading and getting STIs when engaging in sexual contact.

- Some STIs, like HIV and Hepatitis, can also be spread by sharing needles, razors and any other item that may have someone's **blood** on it.



Last Updated: 05/22/15



HIV: Human Immunodeficiency Virus

AIDS: Acquired Immunodeficiency Syndrome

HIV/AIDS

- HIV can only infect human beings.
- **HIV is a serious virus that attacks and damages your immune system.**
- Without an immune system, you can no longer fight infections and diseases..
- If left untreated, this leads to AIDS: the final stage of HIV
- Having AIDs means that you have one or more Opportunistic Infections (OIs), such as tuberculosis, that your body cannot fight. **This usually leads to death.**

Antiretroviral therapy (ART) is a treatment that keeps your HIV levels low but there is currently **NO CURE FOR HIV AND AIDS**. The best way to protect yourself from this virus is to use a condom during any type of sexual intercourse and to NEVER share needles.

"Hepatitis" means inflammation of the liver and also refers to a group of viral infections that affect the liver and can lead to death. **Hepatitis is often preventable**. Here are some things you can do to protect yourself:

- Wash your hands after going to the bathroom and before handling food
- **Use latex condoms**
- **DO NOT** share needles of any kind (drug, tattoos, etc.)
- **DO NOT** share personal items, such as toothbrushes, razors and nail clippers, with an infected person

HEPATITIS



For more information and resources visit:

[HTTP://WWW.CDC.GOV/STD](http://www.cdc.gov/std)